NEIGHBORHOOD RESILIENCE PROJECT

A Year of *Service* and *Transformation*

2021 ANNUAL REPORT

Letter from the CEO

My dearest Brothers and Sisters,

People often talk of self care. They speak in terms of pampering oneself as though we are all entitled to a life of material pleasure. Sadly, we can at times embrace this paradigm without seeing our brothers and sisters who suffer right before us.

Over the past year, I have been honored and indeed privileged to witness selfless acts of men, women, and children who have embodied the commandment to "love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind, and your neighbor as yourself" (Luke 10:27). With this scripture we may understand that caring for another is the ultimate act of self care. In fact, not only is the one who is served transformed, but also the one who serves. When we meet those who suffer and allow our hearts to be flooded with Divine love, mountains move, broken relationships are restored, and the desperate find new life.

This is nothing short of miraculous, and in the programs of the Neighborhood Resilience Project miracles happen every day. Volunteers from across the country have brought life saving vaccines to the most vulnerable. Trauma responders have offered comfort to the families of children gunned down in our streets. Behavioral Health Community Organizers have facilitated interventions resulting in increased wellbeing and quality of life. Physicians, dentists and therapists have delivered free medical care to people who have had no such care for years (or even ever). Children who have had no food have been fed. People with no hope have found hope.

With all of the sacrifices and generocity I have witnessed in this organization over the last year, I can only say that there is hope for our future. The hatred to be found in the world will never overpower the love displayed by so many so often. The wounds from life's difficulties will never be greater than the healing that occurs at the hands of healers with Divine purpose. The violence of this world will never overwhelm Divine peace embodied in the lives of men and women who courageously become vessels of God's mercy. The exploitation of despots will never be greater than the selfless sacrifice of servants who show their love in the laying down of their lives.

This has been my experience of the Neighborhood Resilience Project. I hope and pray that all who have been a part of this most magnificent journey know the same love, peace and joy that I have known in it. To all who have sacrificed, I say thank you. To all who have suffered, I pray God heals you. To all who have lost, I ask God to restore you.

Let us be known by the way we love one another as we continue to care for ourselves by radically loving God and one another.

With joy and gratitude,

Rev. Paul T. Abernathy, CEO

2021 Impact

Facilitated more than **2,500 COVID-19** vaccinations

Deployed 65 times to homicides related to gun violence

Provided more than **14,000 items of food** and **5,000 articles of clothing**

Provided more than **$23,000 in emergency relief** and document recovery

Nearly **200 volunteer hours** through clinicians alone.

In partnership with the Jefferson Regional Foundation, the Neighborhood Resilience Project is rolling out work in the Mon-Valley - first by training cohorts from McKeesport, Clariton and Duquense in the Trauma Informed Community Development Framework and then coaching those cohorts through the roll-out phase.

The renovations of the Free Health Center space of the organization have begun and are set to finish in the Spring of 2022. The clinic will double in size, offering both Medical and Dental Care.

The organization rolled out another Micro-Community Intervention in the Hill District and saw an improvement in overall well-being on the previous Micro-Community as analyzed by our well-being tool, *imHealthy*.

The Neighborhood Resilience Project hosted groups from across the nation who had been previously trained in the Trauma Informed Community Development Framework for a Summit in June 2021.

889 children were fed each weekend in the Backpack Feeding Program.

Transformational Resilience: Backpack Feeding Program

"It's hard to put into words what a blessing the Backpack Feeding Program has been for our students here in Sto-Rox. Over the years with similar programs, discretion has always been a priority—I've made efforts to meet with students in a somewhat clandestine way, asking them to put the food directly into their bookbag so as not to raise awareness from their peers. But here, participants in the program will have none of it."

They come to me excitedly each Friday, asking about their bag and ecstatic to receive them. Students who aren't in the program approach me to ask how they can become involved and there is no stigma as to why certain students were selected and not others. It's truly an inspiration to see how grateful the students are and how much they appreciate the generousity, but it's also been humbling, as the need seems to be increasing each week and I become aware of more students and families who would benefit. It shows us just how truly valuable this program is and underscores the tremendous need to sustain our partnership. It also highlights the need to seek out similar programs and other mission-driven organizations which serve such a critical role in making Pittsburgh the city it is and to better assist the children and families throughout the region. We are so indebted to all the staff and volunteers at the Neighborhood Resilience Project for their tremendous service and altruism, and we are eager to continue in our efforts and broaden our impact in any way possible. The need is apparent, and possible solutions become visible through the work of organizations like yours. On behalf of all our families, students and staff, thank you so much for all you do.

– Bryan McCarthy, *Site Coordinator Sto-Rox School District*

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Ms. Asia Howze
Ms. Nairobi Howze
Ms. Rhonda Lockett
Ms. Kimberly Lowe
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Free Health Center Volunteers

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Ms. Cassie Toribio, RN
Dr. Matthew Walsh, PC
Dr. Joseph Weaver, MD
Dr. Sima Weaver, MD
Dr. Michael Wusylko, MD
Mrs. Ellie Yearsley, RN
Dr. Irene Zervos, MD

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From the Community

Free Health Center

For as long as she could remember, Jamaica native Odette Bailey experienced excruciating pelvic pain. As she approached her mid-40s, the pain was growing stronger and more extensive. “I didn't know what was wrong, but I knew I needed help,” she says.

While visiting Pittsburgh last fall, a close friend urged Odette to go to the Free Health Center in Pittsburgh's Hill District for a medical exam. The center is part of the Neighborhood Resilience Project; a faith-based initiative of the Orthodox Christian Church.

“Two lovely doctors there told me I had fibroids that would require surgical intervention,” says Odette, then 44. “The center connected me to specialists at UPMC Magee-Womens Hospital for more tests and evaluation.”

COVID-19 Vaccine Collaborative

“I have been so blessed to be part of the amazing partnership between UPMC and NRP in our vaccine efforts. Your team has touched me in more ways than you will ever know and it's been an honor working alongside you. THANK YOU from the bottom of my heart.”

“I want people to know how grateful I am that I was able to get my COVID 19 vaccination. If it wasn't for the wonderful ladies at the Neighborhood Resilience Project I wouldn't have been able to make the big step I did in protecting myself and my community from this virus. I am able to say I made a difference. Thank you Neighborhood Resilience Project for giving me a shot!!!”

Trauma Response Team

For the Trauma-Informed Peer-to-Peer Leadership Program, the organization created a 32-week Trauma-Informed curriculum designed to help at-risk youth find life-skills for coping with trauma, navigating conflict in a non-violent way and cultivating their leadership skills. This curriculum has been rolled out in 3 schools that have been disproportionately affected by gun-violence trauma: Woodland Hills, Penn Hills and Friendship Academy. This program is in partnership with the Office of Juvenile Justice and Delinquency Prevention. The Pittsburgh Steelers are also offering incentives for consistent student involvement.

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Our Mission

Rooted in the Gospel and teaching of the Orthodox Church, inspired by the Civil Rights Movement (American 1950s-1960s), the mission of the Neighborhood Resilience Project is to support the transformation of neighborhoods from Trauma Affected Communities to Resilient Healing and Healthy Communities through Trauma Informed Community Development.

Our Vision

To inspire a movement in which suffering people are raised up from the ashes of trauma in unconditional love to become empowered healers, community builders, and positive change makers

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